



Sedation reservation for _____ Date _____

Through mutual decision by you and your child’s dentist, the appropriate treatment method to address your child’s dental needs safely and effectively is to perform the necessary treatment in office using conscious sedation. The following is important regarding your child’s sedation appointment.

Please read each statement carefully, then initial each statement.
If you do not understand, please ask for clarification before initializing.
You will sign consents the day of the appointment.

		PARENT/GUARDIAN INITIALS
BEFORE THE APPOINTMENT	NPO GUIDELINES: Do not allow your child to eat or drink anything after midnight before the appointment. If treatment cannot be completed as scheduled due to patient's non-compliance to NPO guidelines, a charge of \$200 will be applied. This covers the limited scheduling that is required to accommodate our sedation appointments.	
SEDATION EFFECTS	Your child will not be under general anesthesia. We propose to sedate your child with Valium, Demerol and/or Versed. These medications are meant to help your child relax and focus on the TV as distraction. On occasion, the patient will fall asleep. While sedated, your child’s vital signs are monitored the same as in the operating room. Your child may still cry, but be assured your child is as comfortable as possible.	
RESTRAINTS	As part of the sedation, we may use restraints such as a dental assistant to help hold your child’s hands or feet. The assistant is trained to provide comfort while protecting your child. A papoose board may also be used to prevent potentially dangerous movement such as rolling off the chair during treatment. (Additional consent required for use of the papoose board.)	
ROOM ACCOMMODATIONS	Children listen and respond better when they trust the capabilities of their dentist without outside influences. Children sense your anxieties; generally speaking, it is best for parents to remain in the reception area while treatment is being completed. This also allows us to dedicate 100% of our attention on the sedated patient.	



Instructions for patients who are to receive sedation for dental treatment

		INITIALS
EATING AND DRINKING	To avoid vomiting and complications during treatment with sedation and anesthesia, DO NOT allow your child any food or drink (even water) after midnight before your appointment unless directed otherwise by your doctor.	
CHANGE IN HEALTH	Inform this office of any change in your child's health before your appointment. Any change, especially the development of a cold or fever, within 7 days before the day of treatment is very important. For the child's safety a new appointment may be made for another day.	
MEDICATIONS	Give your child only those medications such as seizure medications, prophylactic antibiotics and those prescribed by your child's physician that s/he takes routinely.	
ON ARRIVAL	A parent or legal guardian must accompany the patient to the dental office and must remain at the dental office until treatment is complete. Upon arrival your child will be weighed and given medication. You and your child will be made comfortable while the medication takes effect. You will be asked to monitor your child closely during this time for signs of any changes such as upset stomach, rash, extreme drowsiness or breathing concerns. The goal is to keep the child as immobile as possible while watching movies and/or reading a book. During this time, immediately inform us if s/he experiences any changes (upset stomach, rash, extreme drowsiness or breathing problems.)	
GETTING HOME	The patient must be accompanied by a responsible adult at all times. Someone other than the patient must be available to drive the patient home. Your child should be closely watched for signs of breathing difficulty and carefully secured in a car seat or seat belt during transportation. DO NOT use a bus for transportation home.	
DRINKING AND EATING AFTER TREATMENT	After treatment, the first drink should be plain water. Next, offer sweet drinks, clear juice or Gatorade. Small sips taken repeatedly are preferable to large gulps. Soft foods, not too hot, may be taken when desired.	
NUMBNESS OF CHEEKS, LIPS, AND GUMS	Your child's cheeks, lips, and gums may be numb after treatment. Watch your child carefully for several hours to ensure s/he does not bite the cheeks, lips, or tongue.	
ACTIVITY	DO NOT plan activities on the day of treatment. Allow the child to rest. Closely supervise your child for remainder of the day.	
TEMPERATURE ELEVATION	Your child's temperature may be elevated to 101°F for the first 24 hours after treatment. Acetaminophen (Tylenol) every 4-6 hours and fluids will help alleviate this condition. Should your child's temperature rise about 101°F, call our office immediately.	
CALL Englewood: 303-779-5306 Central Park: 303-399-5437 Thornton: 720-629-9969	<ul style="list-style-type: none"> - Vomiting lasts longer than 4 hours - Temperature remains elevated longer than 24 hours or is above 101°F - Your child has difficulty breathing - Another matter concerns you 	



Medications: _____

- Prescriptions _____
- Over the counter _____

Allergies to Drugs, Mediations or other: _____

- Concussions _____ Cleared _____
- Asthma
- Tuberculosis
- Pneumonia/Lung disease
- Hepatitis/Liver GI Disease
- Kidney Disease
- Rheumatic Fever
- Heat Disease
- Diabetes
- Hospitalization (explain) _____

Required Prophylaxis for Dental Procedures:

- Prosthetic cardiac valve or prosthetic material used for cardiac valve repair.
- Previous infectious endocarditis.
- Congenital hear disease (CHD)
 - _ Unrepaired cyanotic CHD, including palliative shuts and conduits.
 - Completely repaired congenital heart defect with prostatic material or device, weather placed by surgery or by catheter, intervention, during the first 6 months after the procedure.
 - Repair CDH with residual defects at the site or adjacent to the site of a prosthetic patch or prosthetic device (which inhibits endothelialisation).
 - Cardiac transplantation recipients who develop cardiac valvulopathy.

PARENT/GUARDIAN

DATE

ENGLEWOOD / 303.779.5306

F 303.779.1822 **E** hello@kidsmilehigh.com

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A 7375 E 128th Ave, Thornton, CO 80602



Most children are calm, comfortable and confident in a pediatric dental office. The office is designed for young people, and pediatric dentists have additional training in caring for infants, children and adolescents. Staff members choose to work in a pediatric dental office because they like children and want to cater to their special needs. These elements combine to make your child feel relaxed and special.

Sometimes, however, a child may feel anxious before or during treatment. Nitrous oxide/oxygen is a safe, effective sedative agent used to calm a child's fear of the dental visit and enhanced effective communication. Additionally, it works well for children whose gag reflex interferes with dental treatment.

Q What is nitrous oxide/ oxygen?

Nitrous oxide/oxygen (N₂O-O₂) is a blend of two gasses-oxygen and nitrous oxide. A fitted mask is placed over the nose and, as the patient breathes normally, uptake occurs through the lungs, At the end of treatment, it is eliminated after a short period of breathing oxygen and has no lingering effects.

Q How will my child feel when breathing nitrous oxide/oxygen?

Your child will smell a faint, sweet aroma and experience a sense of well-being and relaxation. Since it may produce a feeling of giddiness or euphoria, it is often called "laughing gas". Children sometimes report dreaming and their arms and legs may feel "tingly". It raises the pain threshold and may even make the time appear to pass quickly. If your child is worried by the sights, sounds, or sensations of dental treatment, he or she may respond more positively with the use of nitrous oxide/oxygen.

Q How safe is nitrous oxide?

Very safe. Nitrous oxide/oxygen is perhaps the safest sedative in dentistry. It is well tolerated. It has a rapid onset, is reversible, and can be adjusted in various concentrations and is non-allergenic. Your child remains fully conscious-keeps all natural reflexes-when breathing nitrous oxide/oxygen. He/she will be capable of responding to a question or request. Nitrous oxide/oxygen may also be used in combination with other sedative agents.



Pre Operative Instructions for Conscious Sedations

Your dentist has deemed it necessary, and you have consented to using oral sedation medication with your child for his/her next dental visit. It is very important that you follow these instructions very carefully and if you have any questions about these instructions that you ask the dentist or the dentist's staff before the dental appointment.

PLEASE READ THESE INSTRUCTIONS CAREFULLY

- **Do not give your child ANY medication within 24 hours** of the sedation appointment without previously discussing the exact medication with the dentist performing the sedation procedure. **THIS INCLUDES OVER THE COUNTER MEDICATION!!**
- Your child will need to follow recommended NPO guidelines and **MUST NOT HAVE ANYTHING TO EAT OR DRINK AFTER MIDNIGHT** prior to the appointed time.
- If your child has an elevated temperature (oral temperature greater than 100.4 degrees F) within one week of the scheduled appointment, please call to inform the office.
- If your child has a "cold" or any other illness within a week of the appointment including: runny nose, cough, sore throat, fever, vomiting, diarrhea, etc., please reschedule the dental appointment. It may not be safe for your child to receive sedation medication if he/she has been ill within a week of the appointment.
- The clinical team will administer the medication in the office once patient has arrived.

If you have any questions please call our office.



Post Operative Instructions For Sedation Procedures

Your child has undergone a sedation procedure in addition to a dental procedure today. It is very important that you follow a few simple instructions for the rest of the day today:

- Do not leave your child alone, even for a few moments, for the next 6 hours. The medication he/she was given for sedation may continue to be effective for the next several hours. Your child must be with a competent ADULT if you are unable to be with him/her all day today. Check on him/her often if he/she falls asleep or takes a nap. (Especially in the car, assure that your child's head is positioned so that he/she can breathe easily).
- Monitor your child for chewing or biting his/her lip or tongue if numbing medicine was used today. Numbness usually goes away within 1 hour but may take several hours.
- Do not allow your child to participate in dangerous activities or those activities that may require coordination (swimming, bicycle riding, skiing, skateboarding, etc.) today. Your child will have decreased coordination and may injure him/herself.
- You should feed your child clear liquids (Gatorade, diluted juice, water, popsicles, etc.) immediately, if he/she desires. If he/she tolerates the clear liquids you can advance his/her diet as he/she tolerates it. Do not feel like your child MUST eat until he/she feels hungry. Your child MUST DRINK, though. Encourage lots of fluids today. Cold things like popsicles and ice cream usually feel good and hydrate your child well.
- You may give your child children's acetaminophen (Tylenol) for pain today as directed on the package for his/her age. If he/she continues to have pain, you may give children's Ibuprofen (Motrin) as directed on the package for his/her age. Make sure you follow the instructions on the package for the frequency of administration.

Call the Office for the following reasons:

1. After 6 hours your child still appears sleepy and lethargic
2. Persistent vomiting occurs (it is not uncommon for a child to vomit once or twice, but not several times)
3. Your child is unable to consume liquids after 4 hours
4. Your child is not making urine for 6 hours
5. Your child has a oral temperature of 101 F or greater (under arm temperature of 100 F or greater)
6. Your child has pain that is not relieved by the pain medications mentioned above
7. You have questions and/or concerns



CONSCIOUS SEDATION

It has been recommended that your child's dental treatment be completed with the use of conscious oral sedation medication. You and the doctor have chosen oral conscious sedation as an alternative to:

- 1) No treatment
- 2) Treatment in the hospital with the use of general anesthesia

Because of the special arrangements that are required for this procedure, it is important that you review the following material thoroughly. Enclosed please find the pre-op instruction, post-op instruction and informed consent forms. **It is important that you read these documents in their entirety prior to signing and that they be brought with you to the scheduled appointment.**

You will need to be on time for the appointment, please plan to arrive 10-15 minutes prior to your scheduled appointment time. At this time we will administer the medication to your child, assuring that the doctor and specially trained staff members are able to monitor your child once medication has been taken. It is important that you notify the office immediately if your child becomes ill prior to the appointment. The doctor will evaluate the situation and make a determination whether or not the appointment will need to be rescheduled. **DO NOT GIVE YOUR CHILD ANY MEDICATIONS AT HOME WITHIN 24 HOURS UNLESS PREVIOUSLY DISCUSSED WITH DENTIST.**

It is important that you understand that each child responds to oral conscious sedation differently.

- In order for this appointment to be successful your child must, at a minimum, be able to take oral medication.
- We follow strict safety guidelines regarding the amount of medication we administer to your child which is based on his/her weight. We cannot "give more medication" to increase the level of sedation.
- For the safety of your child, parents and visitors are not permitted to accompany their child into the treatment area.
- Your child will not be "asleep" and will therefore be required to cooperate at some level.
- There is no guarantee that your child will be sedated adequately enough to complete any or all of planned treatment. The most predictable sedation option for treatment completion is general anesthesia performed at a surgery center such as The Children's Hospital, especially when there is an inability for them to cooperate, or extensive treatment needs

Although we accept assignment of benefits from your insurance company for the actual dental treatment, there is a charge of \$365 for the sedation that **may not** be covered by your insurance. This payment, as well as your insurance co-pay will be payable on the day of the appointment unless prior arrangements have been made. **All financial arrangements must be finalized prior to the appointment time.** In the event the sedation appointment is not successful the co-pay for the incomplete treatment will not be collected and the doctor will discuss your options for treatment completion. **The \$365 fee for the sedation procedure will be collected regardless of the amount of treatment completed.** If you have any questions after receiving this packet, please feel free to call our office: Englewood: (303) 779-5306, Central Park: (303) 399-5437, Thornton: (720) 629-9969.

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